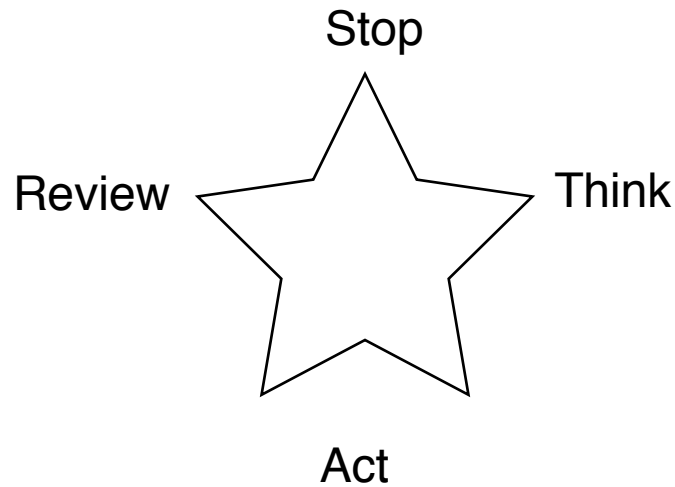


STAR Problem-Solving Program



Your child has been learning the STAR Problem-Solving Approach throughout this school year. It is our belief that students should learn techniques to help them solve their own problems on a daily basis. This program has been beneficial to our students, and we invite you to practice with your student at home.

There are four steps for students to work through to successfully solve any problem that may arise:

1. **STOP** - Do not rush into a problem; give yourself time to think before making a poor decision.
2. **THINK** - Think about the options that you have to solve this problem. Also, think about the consequences that may come as a result of your actions.
3. **ACT** - Choose the option that will result in **COMPROMISE**; a win-win situation for everyone involved.
4. **REVIEW** - Ask yourself two questions: a) Did I make the right choice? b) Do I need an adult to help me?

Feel free to ask your child about the STAR Problem-Solving Program and discuss different situations in which this program could be beneficial.

Thank you for your consideration,

Trevor Urich
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